

***“The days of our lives are seventy years; and if by reason of strength they are eighty years, yet their boast is only labor and sorrow; for it is soon cut off, and we fly away. Who knows the power of Your anger? For as the fear of You, so is Your wrath. So teach us to number our days, that we may gain a heart of wisdom” – Psalm 90:10-12***

**I. Psalm Chapter 90 is one of the great chapters found in the book of Psalms**

- a. In Psalm chapter 90, we find the author (\*Moses\*) asking a simple, yet profound request unto the Lord, “Lord, teach us to number our days”
  - i. Of all that Moses could have asked, he simply asked, ***“Lord, teach us to make the most out of everyday...teach us to number our days”***
  - ii. Moses understood that his time here on earth was short, soon it would come to an end, therefore, Moses asked the Lord to show him how to redeem his time here on earth
  - iii. Moses didn't want to waste his time; he didn't want to waste his life – So he cried out, ***“Lord, teach us to number our days...”***
- b. Interestingly, in the New Testament, the apostle Paul tells us something similar
  - i. In **Ephesians 5:16**, the apostle Paul declares, ***“Redeeming the time because the days are evil”***
  - ii. Also, in **Colossians 4:5**, the apostle Paul declares, ***“Walk in wisdom toward those who are outside, redeeming the time”***
  - iii. Over and over again, the Bible exhorts us to redeem the time, that is, to make the most out of the time we have here on earth
  - iv. Time is so valuable – someone once said, ***“Time is more valuable than money. You can get more money, but you cannot get more time”***
  - v. Therefore, because our time here on earth is short, we have to learn to redeem the time, like Moses, we have to learn to number our days
  - vi. We must not waste our time, waste our opportunities, or waste our life
- c. You know, one thing that I have come to realize as I have been getting older is this – “The older you get the faster the years go bye”
  - i. It seems like yesterday that I was attending High School, however, what seems like yesterday, actually took place many years ago
  - ii. Time fly's bye, time is always moving, time does not wait for anyone – in **2 Corinthians 7:29**, the apostle Paul tells us, ***“...time is short...”***
  - iii. Therefore, because of this, we must make sure we are not wasting time, and most importantly, we must make sure we are not wasting our life
- d. One of my greatest fears in life is ‘Wasting My Life’ (\*I don't want to waste my life\*)
  - i. I don't really fear death (because of Christ), I don't really fear being alone, I don't really fear public speaking, I don't really fear flying, etc.

- ii. But, one of my greatest fears is to come to the end of my life and look back at all the years that God had given me and say, “*I’ve wasted it, I’ve wasted my life*”
- e. I once heard a testimony of a gray-haired, old man who was crying out on an altar, one Sunday night, the words, “I’ve wasted it! I’ve wasted my life!”
  - i. The old man couldn’t stop weeping over the fact that he had wasted his life – “*This testimony I will never forget*”
  - ii. One of my greatest fear is to be that old man, to come to the end of my life and summarize my entire life with three words, “*I’ve wasted it*”
  - iii. This is my greatest fear, and do you want to know something, this is my greatest fear for your life too
- f. Not only don’t I want to waste my life, but I don’t want you to waste your life either...

## II. You see, this generation, like no other generation before, is wasting their life

- a. We have more technological devices and gadgets, more entertainment systems, more recreational activities in this generation than ever before
  - i. And all these “*things*” are helping millions of Americans, young and old, to waste their life – “*Let me give you a few examples*”
- b. Televisions
  - i. Millions of Americans spend countless hours every single day watching T.V. (e.g. sports, cartoons, novellas, reality shows, etc.)
- c. Computers
  - i. Millions of Americans spend countless hours every single day on a Computer (e.g. surfing the web, watching you-tube videos, myspace, etc.)
- d. Telephones
  - i. Millions of Americans spend countless hours every single day on a Phone (e.g. talking to their friends, texting their friends, etc.)
- e. Early Retirement
  - i. Millions of *healthy* Americans are retiring early so they can live the rest of their lives in pleasure and luxury, free from responsibility
  - ii. Let me share with you a tragedy: In February 1998, the Reader’s Digest shared a story of a *healthy* couple age 59 and 51 who retired early from their jobs and spend their time doing nothing else but sailing on their boat, playing softball, and collecting sea shells
  - iii. I find it a tragedy that this couple came to the end of their life and the last great work they will accomplish is playing softball and collecting sea shells
  - iv. Imagine them before King Jesus on judgment day, “*Look, Lord, see my beautiful sea shells*” – This is a tragedy!
- f. Television, Computers, Telephones, Video Games, Early Retirement – the list goes on and on, a waste of time and a waste of life

- i. Recently a survey was taken and it was discovered that the average American spends close to 9 hours a day on some type of electronic device – watching television, talking on the phone, surfing the web, etc.
- ii. When I heard this survey, I became alarmed because it tells me that I am living in a generation where people are wasting their life everyday
- g. And I don't want that to be me, I don't want that to be you – “I Don't Want to Waste My Life”
  - i. We only get one shot at life, one chance to make a difference for Christ, one opportunity to live a life with purpose, value, and meaning
  - ii. And I don't want to waste that shot, that chance, that opportunity
- h. And maybe you're here this morning and you're saying to yourself, “Adam, I don't want to waste my life either, but how do I make my life count?”
  - i. What can I do not to waste my life? What is an un-wasted life?
  - ii. Well, this morning, I want to take the time and share with you “**Five Characteristics**” of an un-wasted life – **\*Pay Close Attention\***

### III. 1<sup>st</sup> – “A life spent *Serving Christ* is not a wasted life”

- a. Philippians 1:21 declares, “For to me, to live is Christ, and to die is gain”
  - i. First, a life spent serving, following, dedicated, committed, and devoted to Jesus Christ is not a wasted life
  - ii. You see, the Bible tells us that all those who place their faith and trust in Jesus Christ will receive everlasting life
  - iii. **John 3:36** declares, “***He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him.***”
  - iv. Therefore, the *greatest investment* you can make in this lifetime is accepting Christ and faithfully serving Him all the days of your life
  - v. And the *worst investment* you can make in this lifetime is rejecting Christ and serving yourself all the days of your life
  - vi. One investment leads to eternal life and the other investment leads to eternal damnation
- b. Therefore, you can see why a life dedicated to serving Christ is not a wasted life
  - i. There is a famous saying that declares, “***Only one life, it will soon past, only what's done for Christ will last***”
  - ii. Listen, you will never regret being a Christian – “***It's all going to be worth it in the end***”

### IV. 2<sup>nd</sup> – “A life spent *Enjoying Christ* is not a wasted life”

- a. Philippians 4:4 declares, “Rejoice in the Lord always. Again I will say, rejoice”
  - i. Second, a life spent enjoying, rejoicing, and delighting in Jesus Christ is not a wasted life

- ii. If you want to enjoy life to the fullest, make sure you are staying close to the Lord Jesus Christ
- iii. **Psalm 16:11** declares, “*You will show me the path of life; in Your presence is fullness of joy; at Your right hand are pleasures forevermore*”
- iv. Only in Christ can we find true joy, true happiness, true blessedness, and true satisfaction
- v. Everyone wants to be happy and experience joy, but sadly, many look for it in “*things/places*” that only lead to misery, pain, and destruction
- b. True joy is only found in the Lord Jesus Christ
  - i. Therefore, spend time enjoying Him & rejoicing in His presence – “***Get excited about Jesus! Get excited about the Kingdom of God***”
  - ii. Sadly, so many Christians have lost the joy of their salvation, they are not enjoying Christ – “***They act like Jesus is dead***”
  - iii. Well, I’m here to tell you this morning, Jesus is not dead, He conquered the grave, He ascended into Heaven, He is seated at the right hand of the Father, and very soon, He is coming back for His church
  - iv. If that doesn’t excite you and bring joy to your heart and put a smile on your face, then, I don’t know what will...
- c. Learn to enjoy Christ, and I promise you, you will not live a wasted life

V. 3<sup>rd</sup> – “I life spent *Knowing Christ* is not a wasted life”

- a. In John 17:3, the Lord Jesus declared, “*And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent*”
  - i. Third, a life spent getting to know Jesus Christ and growing in the knowledge of Him is not a wasted life
  - ii. I don’t know about you, but I have never left a bible study, or time in the Word, saying to myself, “***What a waste of time***”
  - iii. I have never regretted a single moment of reading the Bible, studying the Bible, memorizing the Bible, or meditating on the Bible – Never!
- b. I have never regretted growing in the knowledge of Jesus Christ
  - i. You see, you can dedicate the rest of your life studying the Person of Jesus Christ and it would not be a wasted life
  - ii. People spend their entire life studying creation, therefore, why not spend your entire life studying the Creator – King Jesus!
  - iii. Everything you can possibly desire, want, or need is found in Jesus Christ – “***Get to know Him, you will like Him!***”
  - iv. He is the King of Glory, the Rose of Sharon, the Prince of Peace, the Desire of all Nations, the Sun of Righteousness, the Son of David, the Lamb of God, the Just One, the Lord of Glory, the Messiah, the Lion of the Tribe of Judah
- c. He is all these things, and so much more, therefore, dedicate your entire life in getting to know Christ and it will not be a wasted life

VI. 4<sup>th</sup> – “A life spent *Sharing Christ* is not a wasted life”

- a. In Mathew 28:18-20a, the Lord Jesus declared, “All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you”
  - i. Fourth, a life spent sharing, teaching, proclaiming, and preaching Jesus Christ is not a wasted life
  - ii. All believers have been commissioned by King Jesus to share the Gospel to the world, therefore, a life dedicated to fulfilling this great commission is not a wasted life
- b. Countless Pastors, Preachers, Missionaries, and Evangelists have dedicated their entire life to the single purpose of sharing Christ – “Do you think they regret it? Do you think it was a waste?”
  - i. Do you think Billy Graham is saying to himself right now, “*Why did I dedicate my entire life preaching the gospel – what a waste?*”
  - ii. Do you think Jim Elliot is saying to himself right now, “*Why did I sacrifice everything and go to Ecuador to preach the gospel – what a mistake?*”
  - iii. Do you think C.H. Spurgeon, Charles Finney, John Wesley, A.W. Tozer, Leonard Ravenhill, Alan Redpath, regret dedicating their entire life sharing Jesus Christ? I don’t think so...
- c. What about Virginia Najar? Do you think Virginia Najar regrets spending her entire life serving and sharing Jesus Christ to a lost, dying world?
  - i. I highly doubt it – I can hear her voice right now saying, “*Mijo, it was all worth it, Mijo keep on sharing, keep on teaching, keep on serving Jesus – Don’t stop because it’s all going to be worth it in the end*”
  - ii. A life spent sharing Christ is not a wasted life...

VII. 5<sup>th</sup> – “A life spent Worshipping Christ is not a wasted life”

- a. Philippians 2:9-11 declares, “Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father”
  - i. Fifth, a life spent worshipping, praising, exalting, magnifying, and glorifying Jesus Christ is not a wasted life
  - ii. You see, the Bible tells us that one day every knee will bow before Christ and every tongue will confess that He is Lord
  - iii. Therefore, by doing today on your own free will, what one day you will be forced to do, is not a waste of time or a waste of a life
- b. Spend the rest of your life praising, honoring, and glorifying Jesus Christ and you will not waste your life – “He alone is Worthy”

- VIII. **In conclusion, I end this morning by simply saying this, “Don’t Waste Your Life”**
- a. Spend your entire life serving Christ, enjoying Christ, getting to know Christ, sharing Christ, and worshipping Christ, and it will not be a wasted life...
    - i. The greatest tragedy would be for you to come to the end of your life and look back at all the years God had given you and say, “*I’ve wasted it! I’ve wasted my life!*”
  - b. This morning the Lord tells us one thing, “Don’t waste your life”